Choose a rewarding career in

Nursing and Midwifery

with Nepean Blue Mountains Local Health District

Why work for Nepean Blue Mountains Local Health District?

Go places - Enjoy exposure to professional development and opportunities for career growth.

Be challenged - Health care within NBMLHD is a growing and dynamic environment with a reputation for service, innovation and performance.

Change your scene - Variety of roles available throughout the district’s facilities and departments.

Learn from the best - Train under professional staff who are some of the best in their field.

For more information contact:
NBMLHD: 4734 1865
Nepean: 47341854
Blue Mountains: 4784 6587
Lithgow: 6350 2333

Website: nbmihd.health.nsw.gov.au

Transition to Professional Practice

For newly Registered Nurses and Registered Midwives

Together, achieving better health
Transition to Professional Practice

Start your nursing career in a NBMLHD facility - Transition to Professional Practice Program and become a valued team member in an exciting and innovative acute care service. Transition to Professional Practice nurses are supported by a professional development program that is specifically designed in recognition of the unique requirements of beginning nurses and midwives and aims to assist them to understand and develop in their role and contribute to the health care team.

Our Aim

• To provide you with supportive assistance in your initial transition from student to registered nurse/midwife.
• To assist you to consolidate the range of skills and knowledge acquired in your undergraduate program.
• To assist you to develop skills in coordinating care delivery and leading a team.
• To provide opportunities for you to experience areas of nursing practice in which you may seek to further your career.

Features of the Program

• Successful applicants are offered a 12 month contract with opportunities to apply for permanent positions at the end of the program.
• A dedicated support Team whose role is to assist and support you in your transition.
• 3 rotation program including specialty units and general wards. Intakes in February, June and October annually.
• Extended orientation to the hospital on commencement of your program.
• Supernumerary ward orientation at the beginning of each placement.

Professional Development Days with a focus on topics generated by previous graduates and reviewed each year.
Clinical placements to broaden your experience.
Support from experienced registered nurses/midwives within clinical areas.
Access to a range of resources through Learning & Development Department, Library Services and electronic education.
Maintenance of a skilled acquisition record
Collation of a Professional Portfolio
Inter professional learning opportunities
Opportunity for inter facility/ specialty service rotations
Transition-specific in-service sessions.

Services Provided across the Local Health District

Nepean Blue Mountains Local Health District employs nurses across a diverse range of fields including Aboriginal health, aged care, cancer care, cardiology, community health, drug and alcohol, emergency, forensic medicine, general medicine, intensive care, mental health, neonatal intensive care, orthopaedics, paediatrics, perioperative services, research, sexual health, surgery, neurosurgery, renal services, rehabilitation and palliative care as well as roles in management and education.

Our midwives work in maternity units, antenatal clinics, birth units, postnatal and neonatal units, community-based health services, childbirth and parent education classes across the District.

Mission Statement

“To enable, empower and engage the Nursing and Midwifery workforce to excel in the provision of person-centred healthcare through transformational and inspirational leadership”

New graduate nurse and midwife program

This program provides a dynamic environment of learning and development which allows new graduates the opportunity to consolidate clinical knowledge and skills, acquire ward management skills and work within an efficient and energetic health care team.

Our Facilities

Nepean Hospital
Located in Penrith, less than an hour’s drive from Sydney and at the base of the Blue Mountains, Nepean Hospital has more than 500 beds and is our largest hospital and a teaching hospital of the University of Sydney.

Blue Mountains District ANZAC Memorial Hospital
A 121 bed facility located in the heart of the World Heritage listed Blue Mountains, and just minutes from the iconic Three Sisters.

Lithgow Hospital
A 46 bed hospital located on the western fringe of the Blue Mountains at the gateway to Central West New South Wales.

Springwood Hospital
A community based hospital in the lower Blue Mountains with 32 beds including some day only surgery beds.

Mental Health Services

Mental Health Services includes Acute Inpatient Units at Blue mountains District Anzac Memorial Hospital and the new 64 bed Nepean Mental Health Centre, as well as community health centres and services in the home.

Community Health Centres
Community Health Centres are located throughout the District and provide a range of community based prevention, early intervention, clinical care coordination, maintenance and rehabilitative support services.