

**Study Title: Group Cognitive Behavioural Treatment for Hoarding:
A Pilot Study**

ARE YOU HOARDING?

- Do you tend to hold onto a large number of items that most people would consider not useful or valuable?
- Do you feel you have difficulty discarding or parting with possessions?
- Do you think your home is so cluttered that many parts are unapproachable?

If the answer to any of these questions is “YES”, you may be eligible to participate in a Hoarding Study that uses a group cognitive-behavioural therapy (CBT) program for hoarding disorder.

You must be at least 18 years of age and be able to speak, understand and read English well.

For further information please call **(02) 47343404**

This study has been approved by the Nepean Blue Mountains Local Health District Human Research Ethics Committee, Nepean Hospital (HREC Ref. Study 13/85) and is being conducted in accordance with the National Statement on Ethical Conduct in Research Involving Humans (2007).