

Consultant Psychiatrist/Staff Specialist

- A senior doctor who has specialised in psychiatry.
- Consultants oversee the patient's treatment and care.
- The consultant psychiatrist is responsible for the training and support of the registrar.

Psychiatry Registrar

- A doctor who is training to be a psychiatrist.
- Registrars on the inpatient units are responsible for the day-to-day medical and psychiatric care of the patient.
- Registrars work under the supervision of a consultant psychiatrist.

Nurse Unit Manager (NUM)

- The NUM is responsible for the day-to-day management of the inpatient units.

Team Leader

- Team Leaders are responsible for the Community Mental Health Teams.

Nurse

- Nursing staff provide a range of treatment and therapies.
- They can dispense medication, provide information and support, make referrals and liaise with other staff and organisations.

Social Worker

- Social workers assist with practical issues, such as housing, financial and legal matters.
- They provide information about services and resources, and can liaise with other government services and non-government organisations.

Occupational Therapist (OT)

- Occupational therapists provide assessments and interventions related to:
 - Living at home
 - Managing symptoms
 - Returning to work
 - Recreational activities

Psychologist

- Psychologists provide a range of psychological treatments, such as cognitive behavioural therapy and social skills training.
- They also undertake specialised psychological testing.

Consumer Consultant

- Consumer Consultants are, or have been consumers of mental health services and have a "lived experience" of mental distress or illness. With a philosophy in recovery they support consumers in their journey of empowerment, independence and self determination.
- They provide peer support and advocacy services.
- In consultation with consumers, they identify important and innovative ways to bring about positive change within the Mental Health System.

