



Respiratory Outreach Service

Improving care of clients with COPD



The Nepean Blue Mountains Local Health District (NBMLHD) Integrated Respiratory Care Service works with GPs to identify and care for clients with COPD in our Local Health District, to improve out of hospital care and avoid hospital admission.

GP referred patients will be enrolled by our Respiratory Care Service and we will work with GPs to:

- Support GP management of both stable and unwell clients with COPD, identified either in General Practice or in hospital
- Provide joint primary and secondary multidisciplinary care assessment, care plan review and action plan updates for clients with COPD
- Provide direct capacity building support services to primary care practices

Through in-home assessment and care, we provide:

Telehealth for respiratory advice

Real-time access to specialist advice. Coordinated by Respiratory Nurses to provide advice for the management of an exacerbation of COPD.

Joint care planning

Shared care plan development, GP care plan updates and review of client specific action plan.

Connection with other services

Care coordination and referrals to support services to enhance self-management.

Admission notification and joint discharge planning

Timely transfer of care information between specialist respiratory teams and General Practice for hospitalised patients.

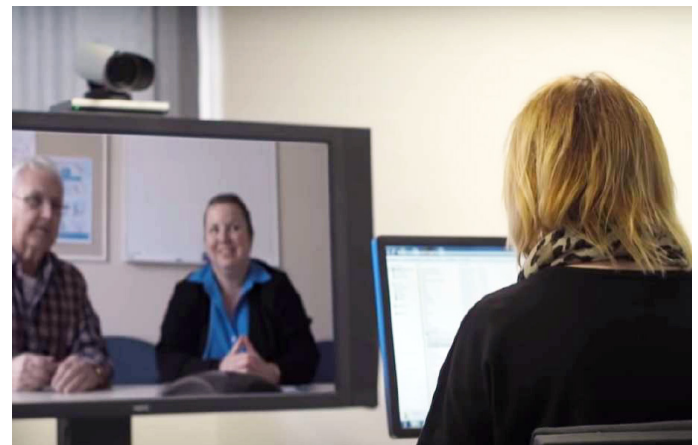
General Practice based capacity building

Collaborative review of client care plans with

opportunities for case conferencing. Direct access to education and training, as well as mentoring, coaching and support for General Practitioners and Practice Nurses.

Our multidisciplinary team includes:

- Respiratory Specialist
- Social Worker
- Advanced Trainee
- Physiotherapist
- Respiratory Nurses



We provide real-time access to specialist advice through telehealth for the management of an exacerbation of COPD.

Our team can also coordinate services such as:

- Allied Health
- Outpatient Clinics
- Community Nursing
- Aboriginal services
- Care Coordination
- Other community services
- My Aged Care
- Pulmonary Rehab

The Service aims to provide:

- a better experience for clients, families and carers
- care closer to home and in a familiar setting
- reduce the risk of hospitalisation
- improved care quality through coordinated and integrated care
- access to specialised care
- better experiences for service providers and clinicians
- improved communication between primary care and secondary care professionals
- increased team work
- a greater awareness of services and ways of working across Local Health Districts and primary care settings.

Integrated Respiratory Care Service

The Integrated Respiratory Care Service can be contacted on 0436 305 252

HealthLink EDI: primhlth

Referrals can be made via fax to (02) 4732 9485
9am - 4pm, Monday to Friday (except Public Holidays)



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